

Health & Physical Education (K-12)
Fayetteville State University

Competency A minimum of two (2) semester hours is required to fulfill each of the following competencies unless otherwise noted.		Course Prefix & Number	Course Title When multiple courses are listed for one competency, only one course is required to satisfy the competency, unless otherwise noted.	Course Offerings
A	Foundations, Principles, & Practices of Physical and/or Health Education	PEDU 311	History and Principles	
B	Individual, Community, & Global Health Issues	HEED 411	Public Health Problems	
		HEED 112	Health and Wellness	
C	Human Biology, Anatomy & Reproductive Health	PEDU 450 and HEED 300	Physiology of Exercise and Kinesiology Human Sexuality	
D	Fundamental Motor Skills & Movement Forms	PEDU 310	Rhythms and Movement Concepts for Physical Education	
E	Sports, Physical & Leisure Activities	PEDU 204 and PEDU 214 and PEDU 214	Methods and Materials in Individual and Dual Sports and Methods and Materials in Team Sports and Organization & Administration of Health and Physical Education	
F	Healthy Behavior, Fitness & Obesity Prevention	HEED 420	Nutrition	
G	Health Education & Promotion	HEED 212	Health Promotion and Wellness	

Posted: 1/31/2017
 Revised: Spring 2017

Course Offering Codes:

F=Fall, S=Spring, SS=Summer Session, UD=Upon Demand
 e=even years, o=odd years, ^=online

Notes:

- These are typical course offering schedules. Courses are not guaranteed to be offered at these times.
- Please check with the college/university for course availability each semester.
- Some courses require prerequisites be met prior to registration. An asterisk (*) denotes a prerequisite course.
- For more information from this institution, click here, <http://www.unctsu.edu/>